



**Friday 4<sup>th</sup> April 2025 (8 pages)**

### **ATTENDANCE**

Well done-fantastic attendance-every year group is in the **green!**

<u>YEAR</u>	<u>ATTENDANCE %</u>
RECEPTION	100%
YEAR 1	100%
YEAR 2	100%
YEAR 3	98%
YEAR 4	100%

### **AWARDS AND ACHIEVEMENTS**

Well done to our Superstars Mollie and Elijah; our Handwriting Heroes Charlie H, Alice M, Harry B and Milada. Congratulations also to Ava and Esme for receiving the Kindness Award, Eliza for the Helping Hand Award and both Ella and Archie for receiving the Perseverance Award. Well done to our Maths Whizzes Hugo H and Harry H and our PE stars Spencer and Anna. All children were given a special sticker and a duck to sit on their desk for the week.



## SCHOLASTIC BOOK FAIR

Thank you to everyone who purchased a book via the Scholastic Book Fair and thank you to Mrs Clark for organising it. We are thrilled to receive the amount below to buy books for the school library. Thank you to our Librarians for creating a lovely display of our new books.



Together we have raised **£226.96**  
for our school to spend on **FREE BOOKS**



## ELVIS AND TUFFY THE READING BEARS

The reading bears are really looking forward to going home with Jenny and Layla this weekend.





The reading bears really enjoyed their weekend visits with Olivia and Hugo A.



### **HUMSHAUGH FIRST SCHOOL FACEBOOK PAGE**

Please join our **private** Facebook group to get useful updates, reminders and information about school life.

<https://www.facebook.com/groups/1564281494324194/>

### **REQUEST FROM MISS OSBORNE**

If possible, please could all children in **Class 2** bring in a 2.5 litre bottle for Science on **Tuesday 8<sup>th</sup> April**. Thank you!

### **PE KITS**

Please ensure children have their PE kits in school on **Monday 7<sup>th</sup> April**.

The children in **CLASS 2** are doing **Invasion/Ball Games** and the children in **CLASS 3** are doing **Hockey**. Both classes will be outside for PE, weather permitting so please ensure they have trainers and a hoody as well as leggings/shorts and t-shirt.



### **FUNDRAISER FOR ZERO HUNGER**

Our Y1-4 'Nearly New Bring and Buy Sale' was a huge success. Thank you to everyone who donated items and cash on ParentPay. **So far, an amazing £101.00 has been donated.** We will let you know the grand total next week and which local and international food charities we will be supporting.







## **CELEBRATING EXTRA CURRICULAR PUPIL ACHIEVEMENTS**



**Well done to Anna who scored her first goal for her football team Hexham Hurricanes at the weekend! A future Lioness?**

Please let Mrs Long know if your child/ren take part in extra-curricular clubs and activities and achieve awards or prizes. We would love to celebrate and share their efforts and successes.



# **Baby & Toddler Group**



## **Tuesday Mornings 9.30-11.00am at Humshaugh First School**

**Everybody welcome - Humshaugh, Wark,  
Acomb, Hexham and surrounding areas**

**Tea, coffee, juice & biscuits provided**

**Email: [admin@humshaugh.northumberland.sch.uk](mailto:admin@humshaugh.northumberland.sch.uk)  
or call 01434 681408 for more information.**



# What Parents & Educators Need to Know about INSTAGRAM

AGE RESTRICTION  
**13+**

Instagram remains one of the world's most popular social media platforms, especially among teens – with around 70% of 13 to 17-year-olds using it. Owned by Meta, Instagram allows users to share photos and videos, create interactive 'stories', broadcast live, send private messages and follow others. With regular updates and new features, it's essential for parents and educators to stay informed about how children are using the app – and what the risks are.

## WHAT ARE THE RISKS?

### EXCESSIVE SCREEN TIME

Instagram's design encourages prolonged use through endless scrolling of trending content and generating a fear of missing out (FOMO). Children can quickly lose track of time browsing posts from friends, influencers, and strangers, which may disrupt their day-to-day activities.

### AI CHATBOT CONCERNS

Meta's AI, which is available on Instagram, allows users to chat with an in-app chatbot. While often helpful, it can blur boundaries for young users, who may ask for or read content that is inappropriate or see it as a real friend or confidant. Privacy issues also arise, as conversations may not be as secure or private as children assume.

### RISKS OF GOING LIVE

The livestream feature allows real-time broadcasting to followers – or anyone, if the account is public. This increases the chance of unwanted contact from strangers and pressure to act in ways that gain attention, including engaging in inappropriate behaviour. Viewers may also post offensive or harmful comments during live sessions.

### THREADS INTEGRATION

Threads is Instagram's sister app for public, text-based conversations. Posts from Threads appear in users' Instagram feeds and can lead children to view, share, and comment on public conversations with strangers. The content may not always be age-appropriate and can be misleading or false.

### SCHEDULED MESSAGING

Instagram's newer ability to schedule direct messages means that children could receive messages late at night or early in the morning. This can disrupt their sleep or keep them preoccupied before the school day even begins.

### EXCLUSION AND LOW SELF-WORTH

Feeling left out online can have a real emotional impact. Being left out of photos, receiving fewer likes, being unfollowed, or being ignored in chats and comments can leave children feeling excluded, which often hurts as much as in real life. There is a risk this can lead to reduced self-esteem and a sense of not belonging.

## Advice for Parents & Educators

### USE INSTAGRAM'S SUPERVISION TOOLS

Instagram's built-in Family Centre lets parents monitor how much time their child spends on the app. Specialised 'teen accounts' are private by default and offer controls on who can message them. Make sure that children use their real age when registering their account to ensure they have these protections.

### OPEN UP THE CONVERSATION

Talk regularly to the children in your care about what they enjoy on Instagram – and what makes them uncomfortable. Encourage honest chats about filters, body image, and online approval. Reassure them that they don't need to edit their appearance or chase 'likes' to feel valued.

### SET BOUNDARIES FOR THREADS AND AI

Parental controls on Instagram also apply to Threads. These allow parents to monitor time spent in the app, check follower lists and adjust exposure to sensitive content. Discuss AI features, too, therefore helping children understand that chatbots aren't real people and should be used with care.

### BE MEDIA-SAVVY WITH INFLUENCERS

Parents should follow a few of the influencers their child watches, so they can better understand the content they're seeing. Use this as a springboard to talk about the difference between genuine recommendations and paid promotions – and how online personalities can shape opinions and behaviour.

## **DIARY DATES**

Tuesday 8 <sup>th</sup> April:	Be You-Friendship Sessions-Reception to Year 4 <b>Baby and Toddler Group-9.30-11.00am</b>
Thursday 10 <sup>th</sup> April:	Easter Service-St. Peter's Church-9.30am- <b>Whole school-everyone welcome</b>
Friday 11 <sup>th</sup> April:	Last day of Spring 2-Break up for Easter
<b>Monday 28<sup>th</sup> April:</b>	<b>Summer 1 starts-PACKED LUNCH REQUIRED</b>
Tuesday 29 <sup>th</sup> April:	<b>Baby and Toddler Group-9.30-11.00am</b>
Thursday 1 <sup>st</sup> May:	Friends from the Village-Class 2
Monday 5 <sup>th</sup> May:	Bank Holiday-School closed
Wed 14 <sup>th</sup> -Fri 16 <sup>th</sup> May:	Y4 Residential-Robinwood
Friday 23 <sup>rd</sup> May:	Last day of Summer 1
Monday 2 <sup>nd</sup> June:	Summer 2 starts
Thursday 5 <sup>th</sup> June:	Y1-4 Summer trip to Alnwick Gardens and Lillidorei-more info to follow!
Tuesday 10 <sup>th</sup> June:	Be You-Resilience sessions
Thursday 12 <sup>th</sup> June:	Y3 visit to HMS (Taster sessions)-more info to follow!
Friday 13 <sup>th</sup> June:	BEE DAY-more info to follow!
Tuesday 17 <sup>th</sup> June:	Y4 Diocesan Leaver Service-Newcastle Cathedral-more info to follow!
Tuesday 1 <sup>st</sup> July:	Be You – Y4 Transition session
Tuesday 8 <sup>th</sup> July:	TRANSFER DAY-Y4 to Middle Schools. R to visit Class 2 and Y2 to visit Class 3
Thursday 17 <sup>th</sup> July:	Fun Day
Friday 18 <sup>th</sup> July:	Last day of term-break up for Summer!



# DYNAMOS CRICKET

## Girls Dynamos Programme

- Starting Thursday 8th May
- Contact Ella Martin-Dobson
- Ages 7-11
- 5-6pm
- At Tynedale CC
- Sign up now



**BOOK NOW**



07376490095



ella.martin-dobson@hotmail.com



Tynedale CC