



Friday 6th February 2026 (5 Pages)

ATTENDANCE

Well done to Reception and Year 2 for **100%** attendance!

<u>YEAR</u>	<u>ATTENDANCE %</u>
RECEPTION	100%
YEAR 1	93%
YEAR 2	100%
YEAR 3	93%
YEAR 4	91%

AWARDS AND ACHIEVEMENTS

Well done to our Superstars Robert and Alice; our Handwriting Heroes Thomas, Joey, Elijah and Archie. Congratulations also to Hugo A for receiving the Helping Hand Award and Eliza for the Kindness award. Well done to Charlie J and Mia for receiving the Perseverance Award. Well done to our Maths Whizzes Billie and Mollie. All children were given a special sticker and a duck to sit on their desk for the week.





READING BEARS

Tuffy and Elvis are very happy to be going home with Ella and Bridie this weekend.



Elvis enjoyed his weekend of reading with Hamish.



Y1-4 TRIP TO THE SIKH GURUDWARA

The children in Years 1 to 4 were exemplary during their trip to the Sikh Gurudwara on Thursday. They learnt about the Sikh religion and their vital role in their community. They listened to music and saw people worshipping. A number of children also tried the food in the Langar. Our hosts were really impressed with the children's knowledge and sensitivity and praised their impeccable behaviour-well done Y1-4 !



CELEBRATING EXTRA CURRICULAR PUPIL ACHIEVEMENTS

Please let Mrs Long know if your child/ren take part in extra-curricular clubs and activities and achieve awards or prizes. We love to celebrate and share their efforts and successes.

PE KITS

The children are doing Gymnastics this half term so please ensure Y1-4 have their PE kits on **Monday 9th February.**

'BE YOU' PADLET

This link takes you to the 'Be You' Family zone which has some really interesting and useful resources for parents and families.

<https://padlet.com/nies1/be-you-family-zone-8jbhdyus7shqhdt2>

UNIFORM

PLEASE ENSURE THAT ALL ITEMS OF UNIFORM ARE CLEARLY LABELLED WITH YOUR CHILD'S NAME OR INITIALS

SNOW COMMS

If snow is forecast, please check Facebook and emails regularly for information regarding closure due to bad weather. We always try our very best to ensure that school remains open but with staff travelling from various areas, we need to make sure that there are enough members of staff on site to maintain the children's safety.

In the event of a closure, a message will be sent via Facebook and email. You will also receive a phone call from an allocated member of staff. If you are yet to join our private Facebook page, please consider doing so as we do regularly post reminders and important information.



YEAR 4 RESIDENTIAL TO ROBINWOOD (13th-15th May)

A reminder to all Year 4 parents about payment for Robinwood. Instalments have been set up on ParentPay with the aim to ensure that the full amount is paid by **Friday 1st May**.

SCHOOL COMMUNICATION

If you need to speak to your child's class teacher, please either send them an email directly or ring the school office and they will aim to return your call as soon as possible.

Class 1 (Nursery/Reception) -Mrs Wilkinson

email: melanie.wilkinson@humshaugh.northumberland.sch.uk

Class 2 (Year 1 and 2)-Mrs Blythe

email: karen.blythe@humshaugh.northumberland.sch.uk

Class 3 (Year 3 and 4)-Mrs Long

email: jude.long@humshaugh.northumberland.sch.uk

For queries regarding Parent Pay, Nursery funding or sessions, Clubs, Milk, Breakfast Club, Wraparound Club and School Lunches, please email our Office Manager Mrs Clark.

email: admin@humshaugh.northumberland.sch.uk

DIARY DATES

Tuesday 10 th February:	Be You-Self Esteem (Whole school)-morning
	Y3/4 Skipping Festival-afternoon-google form sent out
Thursday 12 th February:	Last day of Spring 1
Friday 13 th February:	Teacher Day
Monday 23 rd February:	Spring 2 starts (All clubs and swimming resume)
Thursday 26 th February:	Friends from the Village – Class 3

Top Tips for... MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

