



## PHYSICAL EDUCATION OVERVIEW

### CYCLE A

| YEAR GROUP                     | AUTUMN 1                   | AUTUMN 2                   | SPRING 1            | SPRING 2           | SUMMER 1           | SUMMER 2              |
|--------------------------------|----------------------------|----------------------------|---------------------|--------------------|--------------------|-----------------------|
| EYFS<br>(Physical Development) | EYFS<br>Fundamental Skills | EYFS<br>Fundamental Skills | EYFS<br>Ball skills | EYFS<br>Gymnastics | EYFS<br>Team games | EYFS<br>Tennis        |
| YEAR 1/2                       | Multi-skills               | Dance                      | Gymnastics          | Invasion Games     | Athletics          | Striking and Fielding |
| YEAR 3/4                       | Multi-skills               | Dance                      | Gymnastics          | Football           | Netball            | Striking and Fielding |

### CYCLE B

| YEAR GROUP                     | AUTUMN 1                   | AUTUMN 2                   | SPRING 1            | SPRING 2           | SUMMER 1           | SUMMER 2                  |
|--------------------------------|----------------------------|----------------------------|---------------------|--------------------|--------------------|---------------------------|
| EYFS<br>(Physical Development) | EYFS<br>Fundamental Skills | EYFS<br>Fundamental Skills | EYFS<br>Ball skills | EYFS<br>Gymnastics | EYFS<br>Team games | EYFS<br>Athletics         |
| YEAR 1/2                       | Tag Rugby                  | Dance                      | Gymnastics          | Invasion Games     | Athletics          | Tennis and Racquet Skills |
| YEAR 3/4                       | Tag Rugby                  | Dance                      | Gymnastics          | Hockey             | Athletics          | Tennis and Racquet Skills |



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