

Tynedale School Sports Programme 2018-19

Tennis Lesson Plans for KS2

PE Medium – Term Planning

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Lesson Plan							
Group:	KS2	Activity:	Tennis	No. in Series:	1/5	Date:	Jan 2019
Lesson Outcomes: LO1 – Move in different directions will a tennis ball LO2 – Finding space when bouncing and catching LO3 – Catch and throw and catch with 1 / 2 hands				Literacy / Numeracy: Develops communications skills Encourages teamwork and counting skills		Resources / H&S: Cones & Balls Racquets School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction		2mins	Introduction – why do we warm-up? Introduce the new sport and explain that Tennis skills will be the new focus.			Q&A	
LO1 –		8mins	Warm-up – Moving around with a ball, walking, side-steeping, bouncing ect...			Observation How can you improve?	
LO2 –		8-10mins	Development activity – Find a space and throw and catch to yourself with a bounce or not. Try different types of balls and harder ones for KS2.			Have less space, think S.T.E.P.	
LO3 –		8-10mins	Main skill development – Trying different heights, speeds and directions with a partner throw and catch the ball into a target and then at different levels.			Use different size hoops. Teamwork Throw and catch further away.	
		8-10mins	Game activity – In 2’s target setting for the number of catches 5,4,3,2,1 game. Ask the children to throw and catch to one another, facing each other starting close together and then moving further away!			How many catches can you collect and catch well in a set time increasing the distance apart for the HA children.	
Recap / Plenary		2mins	Review of the LO and Q&A.			Feedback and self-assessment for KS2 – what have you improved	

Lesson Plan							
Group:	KS2	Activity:	Tennis	No. in Series:	2/5	Date:	Jan 2019
Lesson Outcomes: LO1 – Improve movement around the court LO2 – Changing directions with a ball LO3 – Improve footwork and coordination skills				Literacy / Numeracy: Discussion and listening skills Counting and thinking		Resources / H&S: Cones & Balls Racquets & a Net School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction & WU.		2mins	Introduction – What did we cover last week and introduce today's main focus. Share the LO's and begin the warm-up.			Q&A & Listening	
LO1 –		5-10mins	Warm-up – Moving around close to a partner. Like trucks and trailers, passing the ball backwards and forwards at different heights and speed.			Observation and skill development Less space for KS2. Perhaps use one hand...	

LO2 –	8-10mins	Development activity – Moving in and out of the cones, in different directions with or without a ball. Add in a time / target.	Teamwork Much closer for KS2 to set them apart from KS1.
LO3 –	10-15mins	Main activity – Challenge the children to put down and pick up a tennis ball from an area and work as a team to do this faster with more accuracy than others.	Self-development and partner feedback. How have you improved? Feedback & Peer review
Recap / Plenary	2mins	Review coordination and ways to do it.	

Lesson Plan							
Group:	KS2	Activity:	Tennis	No. in Series:	3/5	Date:	Jan 2019
Lesson Outcomes: LO1 – Introduce a tennis racquet & bouncing up / down LO2 – Highlight the ready position and floor tennis. LO 3 – Demonstrate a game of catch-tennis in 2’s.				Literacy / Numeracy: Communication skills Team working and sharing ideas Adding up		Resources / H&S: Cones & Balls Tennis racquets Several mini-nets School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction & WU		2-5mins	Introduction – What did we do last week and what can you remember? Start WU.			Q&A & Reflection	
LO1 –		5-10mins	Warm-up activity – Tag ball. Two children with balls to tag others to raise HR. (SITM)			Observation & practical task. H&S and space KS1.	
LO2 –		10-12mins	In pair’s encourage the children to hold the racquet with either 1 / 2 hands and hit the ball with a partner throwing it. Then look to move the ball along the floor			Teamwork Try one handed for KS2.	
LO 3 –		10-12mins	Demo a game of catch tennis. Add in a net and look to develop the aim and accuracy of the throwing over a net.			Skill development / attacking skills Further away in KS2.	
Recap / Plenary		2mins	Review of the lesson and a discussion on the different ways to work together.			Feedback – are you now more aware of the RP.	

Lesson Plan								
Group:	KS2	Activity:	Tennis		No. in Series:	4/5	Date:	Jan 2019
Lesson Outcomes: LO1 – Introduce a cooperative rally situation LO2 – Develop control when hitting the ball LO3 – Participate in a competitive rally with peers					Literacy / Numeracy: Thinking and independence tasks Counting skills		Resources / H&S: Cones & Balls Tennis Racquets Mini-Tennis Nets School Risk Assessment	
Lesson Outcomes		Time	Learning Activities				Assessment / Differentiation	
Introduction & WU		2mins	Introduction – What did we focus on last week and how can it help us this week?				Q&A	
		5-8mins	Warm-up activity – Numbers game. Get				Observation & Support	

LO1 –		into groups of 2-4. How many children move around the court with smooth controlled movements? What do these look like and recap H/R etc.	Observation of another person and try to watch how they move. Teacher to stop and show example!
LO2 –	10-15mins	Children shown how to play a shot either using one hand or two hands holding the racquet. Then their partner feeds the ball and the children try and aim at a target.	Teamwork Two hands and left and right hitting for KS2.
LO3 –	10-15mins	Game activity – In pair's the children throw and strike the ball to one another and see how many shots they can make through a target area. Try floor tennis for the less able. More able to move and strike the ball under-arm to serve.	Self-development Targets will be different
Recap / Plenary	5mins	Review of the LO's and how to defend?	Feedback & Q&A.

Lesson Plan							
Group:	KS2	Activity:	Tennis	No. in Series:	5/5	Date:	Feb 2019
Lesson Outcomes: LO1 – To participate in a Tennis competition LO2 – To compete against a partner in a tennis match LO 3 – To keep score and consider some tennis tactics				Literacy / Numeracy: Develops competition, communication, determination and cooperation skills.		Resources / H&S: Cones & Balls Tennis racquets School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction & WU		2mins	Introduction – Introduce and explain the content of the lesson. Share the LO’s.			Q&A	
LO1 –		5-10mins	Warm-up activity – Moving around, using hopping, skipping, side-stepping etc.			Observation	
LO2 –		10-15mins	Start with a game of Target Tennis. Set-up the net and some cones at one side of the net. See which group can either score by hitting the ball into the target or by throwing it into the target, give cones.			Teamwork, skill development and assessment of the current skill levels through application.	
LO3 –		10-15mins	Follow this up by playing ‘it’s a knock-out’, competitive game of target tennis into an area on the floor, with the most accurate players awarded with a reward. Add in rules, scoring and give feedback on areas to improve and to develop? Drop serving could be taught here as well.			Competitive assessment Feedback & Roles Once out, then discuss how to not to repeat. What rules are there? What has improved over the last few weeks?	
Recap / Plenary		5mins	Plenary, what was enjoyed and learned? What is a tactic and how can it help you?			Feedback & Self-review? What tactics have you used or learned?	