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| **Newcastle Community Football** | **Week 5 Session Plan – TRI Golf**  **Morpeth - Year 2 & 3** |
| **Introduction, Warm Up 1, 2, 3**  **Main Content / Game. 4 & 5**  **Recap. 6** | 1. Play BUNKERS & BIRDIES to warm up. Same as week 3. 2. Introduce the children to the chipper (blue club). Show them how to stand, hold and swing the club. More emphasis on safety as children will be swinging properly. 3. Let children practise a safety swinging, holding club without a ball 4. Chipping practise.  * Divide the children into teams send to their tees and emphasise importance of safety cone. * Place a line of cones in front of each team. * Each child takes it turn to chip the ball over the line / Cones * Change distances etc.  1. Play ‘SHOOTOUT’  * Keep children in same team at the tee and behind the safety cones. * Use nets or Skilz goals as targets * Children take it in turns to chip the ball into the goals if successful child collects a cone and take it back to their team. * Team with the most cones win.  1. Questions & answers. Feedback. Enjoyment |