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| **Newcastle Community Football** | **Week 4 Session Plan – TRI Golf****Morpeth - Year 2 & 3** |
| **Introduction, Warm Up 1 & 2****Main Content / Game. 3 & 4****Recap. 5** | 1. Play Domes & Divots. Splits children into 2 teams, on the word go one team turns cones from divots to domes and vice versa. Count the cones at the end to see which team has the most cones turned their way.
2. Recap on how to hold, stand and stroke the club. Emphasis on safety.
3. Play ‘MINEFIELD’
* Split the golfers into teams. Send to their tees and remind them about the safety cone.
* Spread out various cones over a playing area.
* Players must stroke their ball through the MINEFIELD without hitting any cones if successful they collect a cone and return their team.
* Make it harder by adding more cones or easier by taking cones away.
* Progress to teams start with 10 cones each if they miss the MINEFIELD they receive another cone if they hit a MINE a cone will taken away from the team
* Team with most cones wins.
1. Play ‘BULLSYE’
* Set up the room in a dart board / Bullsye design, small circle then 2 further circles outside each other.
* Children in each team take it in turns to stroke the ball towards the target.
* 3 cones for inner circle, 2 cones for 2nd circle and 1 cone for outer circle.
* Teams with the most cones win.
1. Feedback, Questions and answers, Speak about introduction of blue chipping club.
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