

Tynedale School Sports Programme 2018-19

Tri-Golf Lesson Plans for KS1

PE Medium – Term Planning

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Lesson Plan							
Group:	KS1	Activity:	Tri-Golf	No. in Series:	1/5	Date:	Feb 2019
Lesson Outcomes: LO1 – To participate in a Tri-Golf themed warm-up LO2 – To be able to hold a putter & aim towards a target				Literacy / Numeracy: Counting the number of targets and adding these together.		Resources / H&S: Tri-Golf Equipment Cones & Tennis Balls School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction		2-5mins	Introduction – why do we warm-up? Introduce Tri-golf, explain the overall aims of the lesson and share the LO’s.			Q&A & differentiated learning outcomes for everyone to read.	
LO1 –		8-10mins	Warm-up with a partner, moving forward and backwards using different movements and leading own stretches.			Practical movements with higher levels of intensity levels for some.	
		10-12mins	Initial activity – introduction to putting and the importance of how to control and aiming towards a target or a set of cones with the gap between less for some.			Q&A with some targeted questions for some children and some sharing of ideas.	
LO2 –		10-15mins	Development – to strike a ball towards a target with improving technique and accuracy. Trying to keep the ball along the floor with a controlled swing.			Provide brief but clear coaching points, such as a ‘tick-tock’ swing & eyes looking at the ball.	
		15mins	Game activity – Mini-competition against a partner, trying to score points by putting towards a series of targets.			Set different levels of challenge and move the cones closer or further.	
Recap / Plenary		5mins	Review of the LO’s and review of the lesson with some student feedback.			De-brief and differentiated Q&A.	

Lesson Plan							
Group:	KS1	Activity:	Tri-Golf	No. in Series:	2/5	Date:	Feb 2019
Lesson Outcomes: LO1 – To participate in a Tri-Golf themed warm-up LO2 – To be able to use a Chipper to lift a ball into the air				Literacy / Numeracy: Giving verbal feedback to a partner on how to improve technique.		Resources / H&S: Tri-Golf Equipment Cones & Tennis Balls School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction		2mins	Introduction – why do we warm-up? Introduce chipping, explain the overall aims of the lesson and share the LO’s.			Q&A & differentiated learning outcomes shared verbally.	
LO1 –		8mins	Warm-up with a partner, moving in a range of fundamental ways with some effective stretching specific to Tri-Golf.			Practical movements with high levels of intensity to raise H/R.	
		10-12mins	Initial activity – introduction to chipping and the importance of lifting and aiming towards a target. Holding the club correct as well as re-enforcing safety at all times.			Q&A with some targeted questions for some and some sharing of extended answers.	
		10-15mins	Development – to strike a ball towards a			Provide brief but clear	

LO2 –	15mins	target with improving technique and accuracy. Lifting the ball over some cones, such as a blue river, yellow bunker. These can be further away for diff!	coaching points, such as having a 'tick-tock' swing and holding the club correctly with 2 hands.
Recap / Plenary	5mins	Game activity – Mini-competition against a partner, trying to lift the ball over some features such as a river, bunker or trees. Review of the LO's and review of the lesson with some student feedback.	Set different levels of challenge and move the cones closer or further away. De-brief and differentiated Q&A.

Lesson Plan							
Group:	KS1	Activity:	Tri-Golf	No. in Series:	3/5	Date:	Feb 2019
Lesson Outcomes: LO1 – To develop greater control using both the putter and chipper LO2 – To practice hitting some targets avoiding hazards				Literacy / Numeracy: Looking and watching a partner’s technique and counting shots taken.		Resources / H&S: Tri-Golf Equipment Cones & Tennis Balls School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction		2mins	Introduction – why do we warm-up? Introduce Tri-golf, explain the overall aims of the lesson and share the LO’s.			Q&A & differentiated learning outcomes. Review of prior learning?	
LO1 –		8-10mins	Warm-up individually with both the view to raise own H/R, but to also be able to carry out a range of effective stretches.			Practical movements with higher levels of intensity levels for some.	
		10-12mins	Initial activity – chipping and putting using two clubs together and aiming towards a target with points for the nearest shots.			Q&A with some targeted questions for some and some sharing of extended answers.	
LO2 –		10-15mins	Development – to strike a ball towards a target hole with a maximum number of shots with the chipper and then putter.			Set the cones at different distances and allow the students to select targets	
		15mins	Game activity – Mini-competition against a partner, trying to score less shots than a partner, helping each other to keep score.			Set different levels of challenge and move the cones closer or further away.	
Recap / Plenary		5mins	Review of the LO’s and review of the lesson with some student feedback.			De-brief and differentiated Q&A.	

Lesson Plan							
Group:	KS1	Activity:	Tri-Golf	No. in Series:	4/5	Date:	March 2019
Lesson Outcomes: LO1 – To participate in a game of mini-golf LO2 – To develop a greater level of control and a good knowledge of which club to use for what type of shot.				Literacy / Numeracy: Thinking about how far things are away and the direction of the shots.		Resources / H&S: Tri-Golf Equipment Cones & Tennis Balls School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction		2mins	Introduction – why do we warm-up? Introduce Tri-golf, explain the overall aims of the lesson and share the LO’s.			Q&A & differentiated learning outcomes and review last weeks lesson.	

LO1 –	8mins	Warm-up with a partner, moving forward and backwards using different movements and leading own stretches.	Practical movements with higher levels of intensity levels for some.
	10-12mins	Initial activity – review of putting playing the game called Dominoes. Hitting down cones and collecting them once struck.	Q&A with some targeted questions for some and some sharing of extended answers.
LO2 –	10-15mins	Development – a similar activity as above but with a chipper this time. Lifting the ball into different zones such as blue water or yellow cones for bunkers.	Provide lot's of space for the children to be safe and show a controlled range of different shots.
	15mins	Game activity – Mini-competition against a partner, trying to score less puts to put closer to a target or series of cones.	Set different levels of challenge and move the cones closer or further away.
Recap / Plenary	5mins	Review of the LO's and review of the lesson with some student feedback.	De-brief and Q&A.

Lesson Plan							
Group:	KS1	Activity:	Tri-Golf	No. in Series:	5/5	Date:	March 2019
Lesson Outcomes: LO1 – To participate in a different game of mini-golf LO2 – To develop an improved chipping technique				Literacy / Numeracy: Helping to keep score of the number of strokes with a partner.		Resources / H&S: Tri-Golf Equipment Cones & Tennis Balls School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction		2-5mins	Introduction – why do we warm-up? Introduce Tri-golf, explain the overall aims of the lesson and share the LO’s.			Q&A & differentiated learning outcomes. Review of last week.	
LO1 –		8-10mins	Warm-up with a partner, moving forward and backwards using different movements and leading own stretches.			Practical movements with higher levels of intensity levels for some.	
		10-12mins	Initial activity – introduction to a game called ‘Drive for Show, Putt for Dough’. Lifting a ball over a target, then into a hoop or smaller target for more able.			Q&A with some targeted questions for some and targets of different sizes.	
LO2 –		10-15mins	Development – to strike a ball towards a target with more challenging hazards and be more strict of where the ball lands.			Allow everyone to feel successful, but also ensure that they are stretched.	
		15mins	Game activity – Mini-competition against a partner, trying to score less puts to put closer to a hole with fewer strokes.			Set different levels of challenge and move the cones closer or further away.	
Recap / Plenary		5mins	Review of the LO’s and review of the lesson with some student feedback.			De-brief and differentiated Q&A.	