

Tynedale School Sports Programme 2018-19

Tri-Golf Lesson Plans for KS2

PE Medium – Term Planning

Produced by Damien Dimmick
School Games Organiser



Lesson Plan							
Group:	KS2	Activity:	Tri-Golf	No. in Series:	1/5	Date:	Feb 2019
Lesson Outcomes: LO1 – To participate in a Tri-Golf themed warm-up LO2 – To be able to hold a putter & aim towards a target with good control.				Literacy / Numeracy: Counting the number of targets and adding these together.		Resources / H&S: Tri-Golf Equipment Cones & Tennis Balls School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction		2-5mins	Introduction – why do we warm-up? Introduce Tri-golf, explain the overall aims of the lesson and share the LO’s.			Q&A & differentiated learning outcomes for everyone to read.	
LO1 –		8-10mins	Warm-up with a partner, moving forward and backwards using different movements and leading own stretches.			Practical movements with higher levels of intensity levels for some.	
		10-12mins	Initial activity – introduction to putting and the importance of how to control and aiming towards a target or a set of cones with the gap between less for some.			Q&A with some targeted questions for some children with clear safety	
LO2 –		10-15mins	Development – to strike a ball towards a target with improving technique and accuracy. Trying to keep the ball along the floor with a firm smooth swing.			Provide brief but clear coaching points, such as a ‘tick-tock’ swing & eyes looking at the ball.	
		15mins	Game activity – Mini-competition against a partner, trying to score points by putting through a variety of spaces.			Set different levels of challenge and move the spaces closer / further away for differentiation.	
Recap / Plenary		5mins	Review of the LO’s and review of the lesson with some student feedback.			De-brief and differentiated Q&A.	

Lesson Plan							
Group:	KS2	Activity:	Tri-Golf	No. in Series:	2/5	Date:	Feb 2019
Lesson Outcomes: LO1 – To participate in a Tri-Golf themed warm-up LO2 – To be able to use a Chipper to lift a ball into the air over a target.				Literacy / Numeracy: Giving verbal feedback to a partner on how to improve technique.		Resources / H&S: Tri-Golf Equipment Cones & Tennis Balls School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction		2mins	Introduction – why do we warm-up? Introduce chipping, explain the overall aims of the lesson and share the LO’s.			Q&A & differentiated learning outcomes shared verbally.	
LO1 –		8mins	Warm-up with a partner, moving in a range of fundamental ways with some effective stretching specific to Tri-Golf.			Practical movements with high levels of intensity to raise H/R.	
		10-12mins	Initial activity – introduction to chipping and the importance of lifting and aiming towards a target. Holding the club correct as well as re-enforcing safety at all times.			Q&A with some targeted questions for some and some sharing of extended answers.	
		10-15mins	Development – to strike a ball towards a			Provide brief but clear	

LO2 –	15mins	target with improving technique and accuracy. Lifting the ball over some cones, such as a blue river, yellow bunker. There can be more or less added.	coaching points, such as having a smooth swing with it not touching the floor.
Recap / Plenary	5mins	Game activity – Mini-competition against a partner, trying to lift the ball over some features such as a river, bunker or trees. Review of the LO's and review of the lesson with some student feedback.	Set different levels of challenge and add in more or less features. De-brief and differentiated Q&A.

Lesson Plan							
Group:	KS2	Activity:	Tri-Golf	No. in Series:	3/5	Date:	Feb 2019
Lesson Outcomes: LO1 – To develop greater control & accuracy using both the putter and chipper LO2 – To practice hitting some targets avoiding hazards				Literacy / Numeracy: Looking and watching a partner’s technique and counting shots taken.		Resources / H&S: Tri-Golf Equipment Cones & Tennis Balls School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction		2mins	Introduction – why do we warm-up? Introduce Tri-golf, explain the overall aims of the lesson and share the LO’s.			Q&A & differentiated learning outcomes. Review of prior learning?	
LO1 –		8-10mins	Warm-up individually with both the view to raise own H/R, but to also be able to carry out a range of effective stretches.			Practical movements with higher levels of intensity levels for some.	
		10-12mins	Initial activity – chipping and putting using two clubs together and aiming towards a target with points for the nearest shots.			Q&A with some targeted questions for some and some sharing of extended answers.	
LO2 –		10-15mins	Development – to strike a ball towards a target hole with a maximum number of shots with the chipper and then putter.			Set the cones at different distances and allow the students to select targets	
		15mins	Game activity – Mini-competition against a partner, trying to play a game called the ‘Grand National’ over a series of features.			Set different levels of challenge and move the cones closer or further away.	
Recap / Plenary		5mins	Review of the LO’s and review of the lesson with some student feedback.			De-brief and differentiated Q&A.	

Lesson Plan							
Group:	KS2	Activity:	Tri-Golf	No. in Series:	4/5	Date:	March 2019
Lesson Outcomes: LO1 – To participate in a game of mini pitch and putt. LO2 – To develop a greater level of control and a good knowledge of which club to use for what type of shot.				Literacy / Numeracy: Thinking about how far things are away and the direction of the shots.		Resources / H&S: Tri-Golf Equipment Cones & Tennis Balls School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction		2mins	Introduction – why do we warm-up? Introduce Tri-golf, explain the overall aims of the lesson and share the LO’s.			Q&A & differentiated learning outcomes and review last weeks lesson.	

LO1 –	8mins	Warm-up with a partner, moving forward and backwards using different movements and leading own stretches.	Practical movements with higher levels of intensity levels for some.
	10-12mins	Initial activity – review of putting playing the game called Dominoes. Hitting down cones and collecting them once struck.	Q&A with some targeted questions for some and some sharing of extended answers.
LO2 –	10-15mins	Development – a similar activity as above but with a chipper this time. Lifting the ball into different zones such as blue water or yellow cones for bunkers.	Provide less space for the HA children to be more challenged etc.
	15mins	Game activity – Mini-competition against a partner, trying to score less puts to put closer to a target or series of cones.	Set different levels of challenge and move the cones closer or further away.
Recap / Plenary	5mins	Review of the LO's and review of the lesson with some student feedback.	De-brief and Q&A.

Lesson Plan							
Group:	KS2	Activity:	Tri-Golf	No. in Series:	5/5	Date:	March 2019
Lesson Outcomes: LO1 – To participate in a different game of mini-golf LO2 – To develop both an improved putting chipping technique with a view of using fewest shots needed.				Literacy / Numeracy: Helping to keep score of the number of strokes with a partner.		Resources / H&S: Tri-Golf Equipment Cones & Tennis Balls School Risk Assessment	
Lesson Outcomes		Time	Learning Activities			Assessment / Differentiation	
Introduction		2-5mins	Introduction – why do we warm-up? Introduce Tri-golf, explain the overall aims of the lesson and share the LO’s.			Q&A & differentiated learning outcomes. Review of last week.	
LO1 –		8-10mins	Warm-up with a partner, moving forward and backwards using different movements and leading own stretches.			Practical movements with higher levels of intensity levels for some.	
		10-12mins	Initial activity – introduction to a game called ‘Drive for Show, Putt for Dough’. Lifting a ball over a target, then into a hoop or smaller target for more able.			Q&A with some targeted questions for some and targets of different sizes. Targeted Q&A for HA.	
LO2 –		10-15mins	Development – to strike a ball towards a target with more challenging hazards and be more strict of where the ball lands.			Allow everyone to feel successful, use this as an intro to scoring / leading.	
		15mins	Game activity – Mini-competition against a partner, trying to score use the fewest amount of shots to sink the ball into a hole.			Set different levels of challenge and move the cones closer or further away.	
Recap / Plenary		5mins	Review of the LO’s and review of the lesson with some student feedback.			De-brief and differentiated Q&A.	